

MyISLE

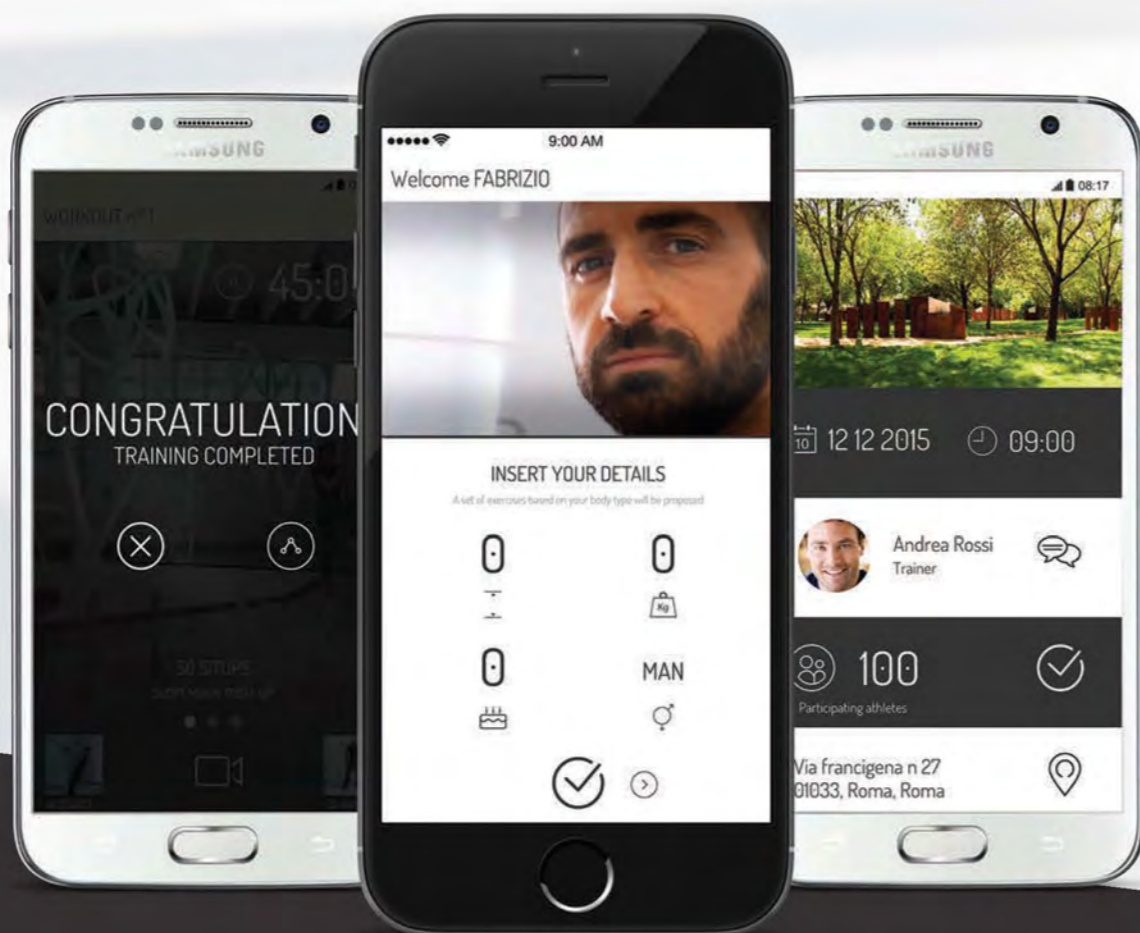
The Wellness Sculpture

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www.myequilibria.com



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MyISLE

The Wellness Sculpture

Embrace the New Luxury of Training Outdoors!

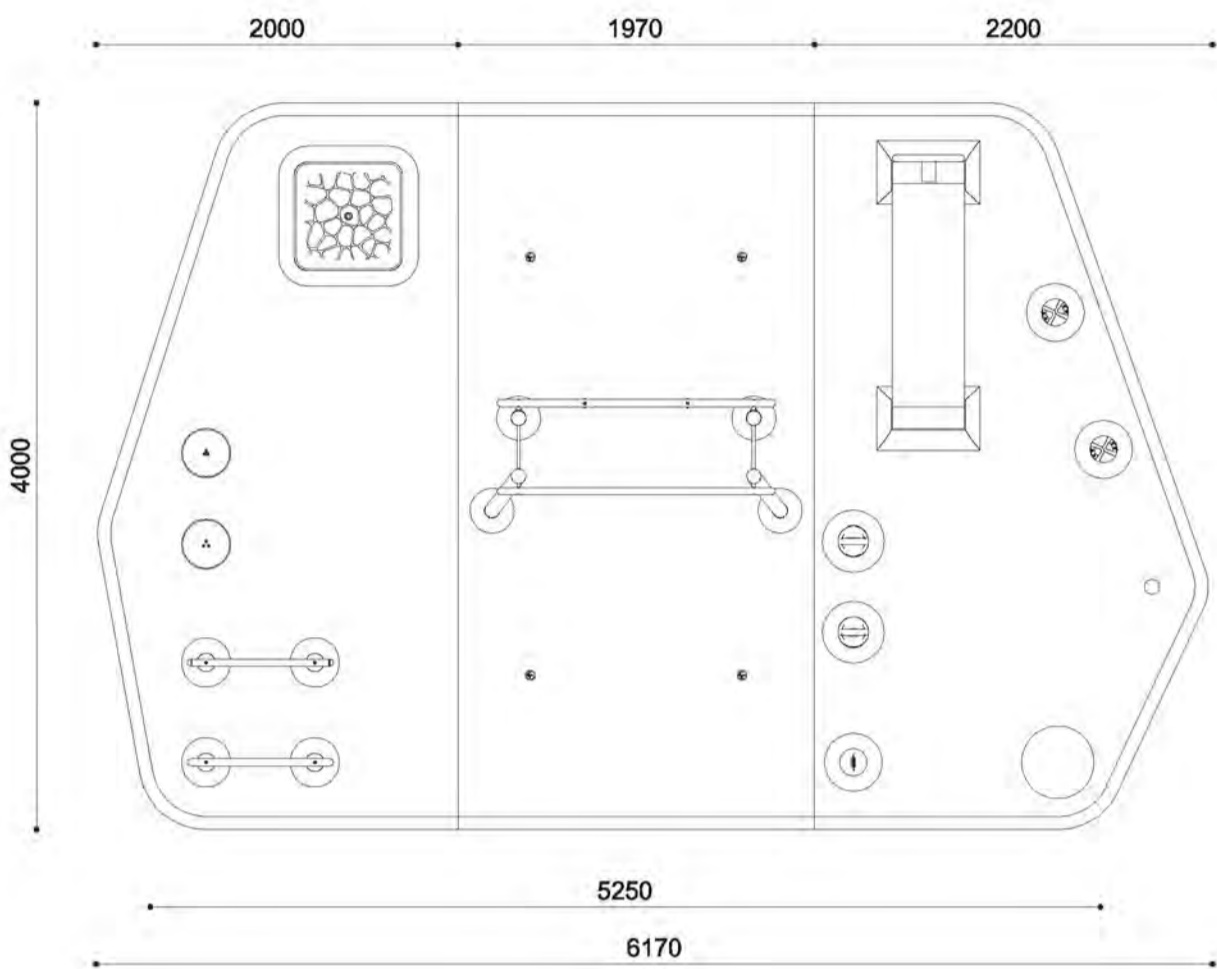
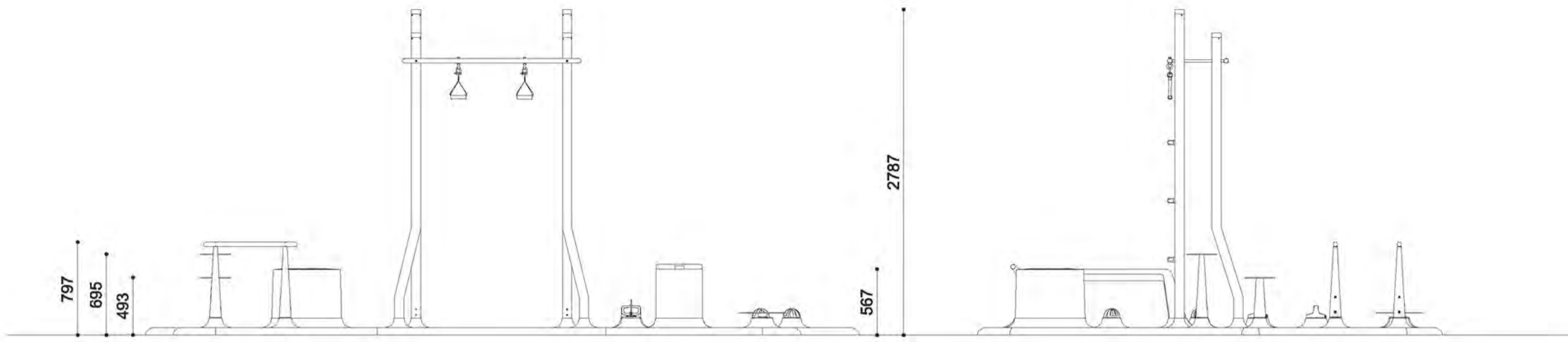
THE FIRST OUTDOOR BOUTIQUE GYM



Mylsle unifies elegance, exclusivity and versatility of an outdoor gym in as little as 16 to 24 m². It also sets up new standards for personal training and group fitness classes, allowing up to 6 people to work out at the same time.

THE BIGGEST NEWS IN OUTDOOR FITNESS

Never before has an outdoor wellness equipment been elevated to a level of functional sculpture. This contemporary and functional outdoor gym is a perfect solution for beachside residences, exclusive resorts & hotels, private gardens, and luxury yachts.



UHPC/HPC: ULTRA HIGH PERFORMANCE. GUARANTEED

The Ultra High Performance Concrete has been molded, then hand-polished to give MyISLE sculpture its sleek, silky finish. With a strength, durability and density significantly beyond traditional concrete - and even high-end granite - this innovative, patented material is remarkably thin and sleek to touch.

3
innovation patents

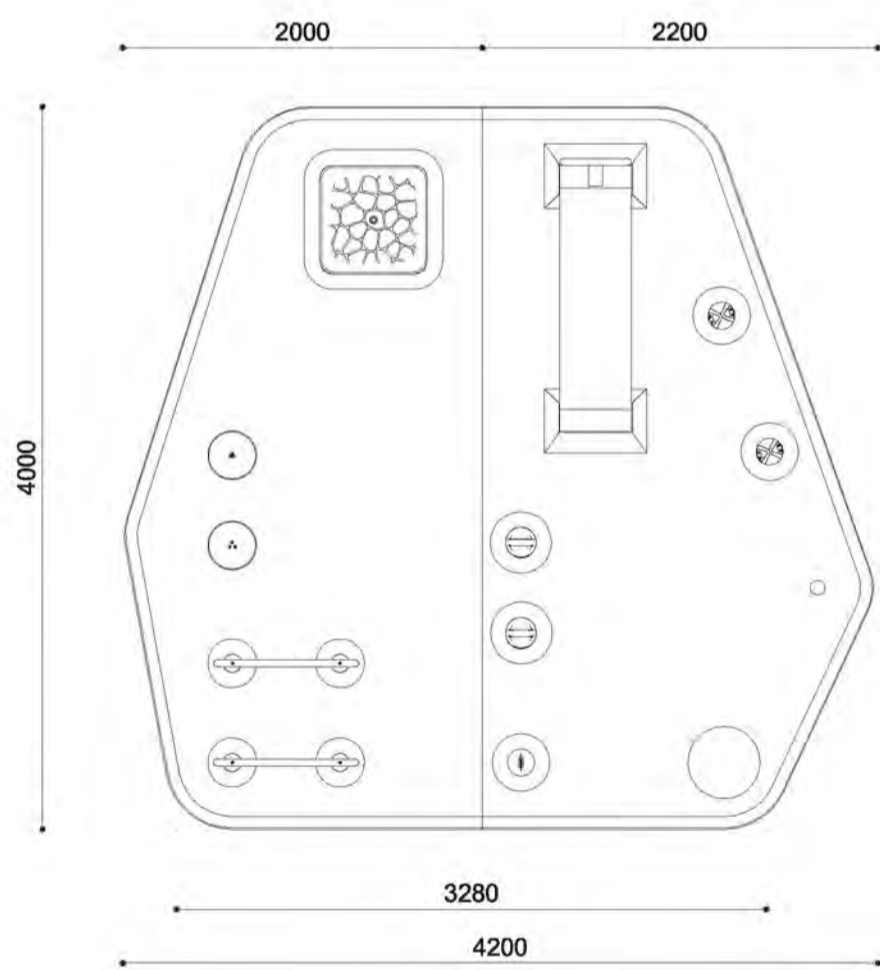
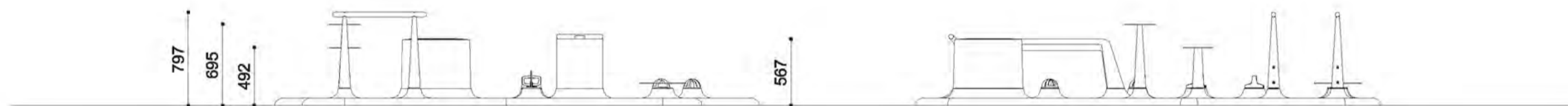
100X
longer life

5X
thinner

10X
stronger

A TRUE WELLNESS SCULPTURE

Built using UHPC/HPC Molecular Concrete®, that is reminiscent of white marble, each of the MyISLE two "islands" have been designed as a monolithic piece. Such novel layout enhances an aesthetic beauty of outdoor environments and keeps all workout elements within easy reach. The highest-grade Inox steel accessories are seamlessly integrated into the MyISLE platform add to a smooth, focused workout experience.



500+
video exercises

9
sport disciplines

400
muscles activated

13
max. stations

BOUTIQUE-TYPE FITNESS EXPERIENCE

Perfect for 'boutique' spaces MyISLE is a revolutionary outdoor equipment that anticipates 4 out of 5 top Fitness Trends (including bodyweight, HIIT and functional training). All MyISLE users get exclusive access to 500+ exercises developed by top fitness trainers and rooted in different sports disciplines - including functional, yoga, athletics, stretching, strength, gymnastics, calisthenics, tactical, boxercise, and bootcamp.

CREATE YOUR WELLNESS MASTERPIECE

Customization and design exclusivity is guaranteed by a wide range of colors, accessory textures. The manufacturing is done 100% in Italy, benefiting from the substantial industrial expertise of Metalco with craftsmanship-grade quality.

- | | |
|-------------------------|-----------------------------|
| UHPC/HPC Colors: | Inox Steel Textures: |
| white | satin |
| brown | high-gloss |
| grey | burnished |
| black | |
| colored | |

LAYOUTS:

Customization and design exclusivity is guaranteed by a wide range of colors, accessory textures. The manufacturing is done 100% in Italy, benefiting from the substantial industrial expertise of Metalco with craftsmanship-grade quality.

David 4x4 (A+C)
Size: 16 m² (173 ft²)
Stations: 8 (+2 possible add-on accessories)
Max. capacity: 4 people

Goliah 6x4 (A+B+C)
Size: 24 m² (259 ft²)
Stations: 11 (+2 possible add-on accessories)
Max. capacity: 6 people

UHPC/HPC COLORS OF THE PLATFORM



INOX STEEL TEXTURES



CERTIFICATIONS





C: 3 STATIONS

BOX JUMP

PISTOLS

PARALLETTES

B: 4 STATIONS

PULL-UP STATION

HANDLES STATION

MULTI-FUNCTIONAL STATIONS

A: 5 STATIONS

FLAT BENCH

ROTARY PUSH-UP

BATTLE ROPES

HOOKS

STABILITY BOARD

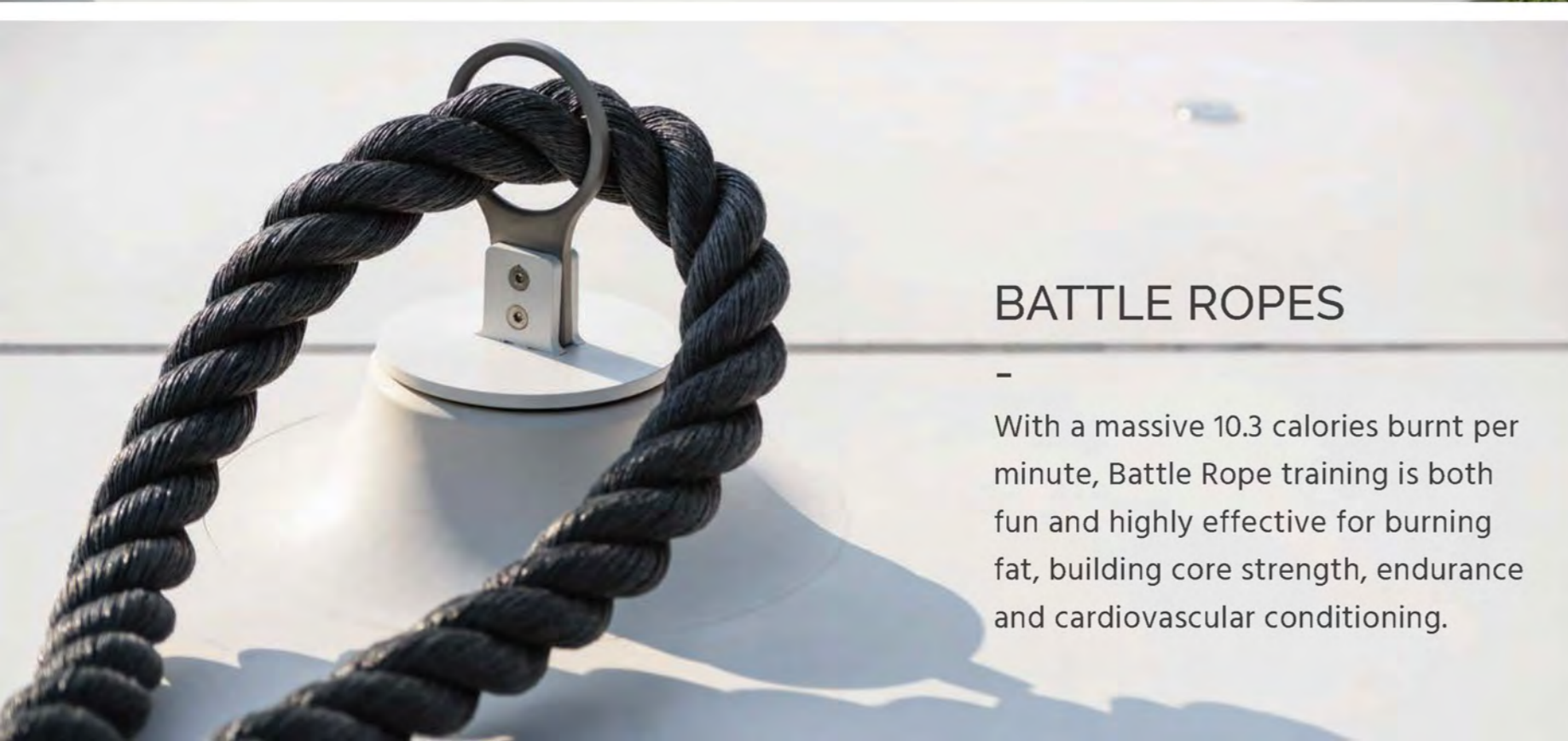
THE MYISLE PLATFORM:

Condensed down from 16 to 24 m² of space, Mysle features 2 different platform layouts, up to 13 accessories and offers almost unlimited number of bodyweight training routines.



HOOKS

-
The easy-connect Hook System makes it possible to attach resistance tubes in seconds to allow exercises that were previously available only on high-end cable weight machines.



BATTLE ROPES

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With a massive 10.3 calories burnt per minute, Battle Rope training is both fun and highly effective for burning fat, building core strength, endurance and cardiovascular conditioning.

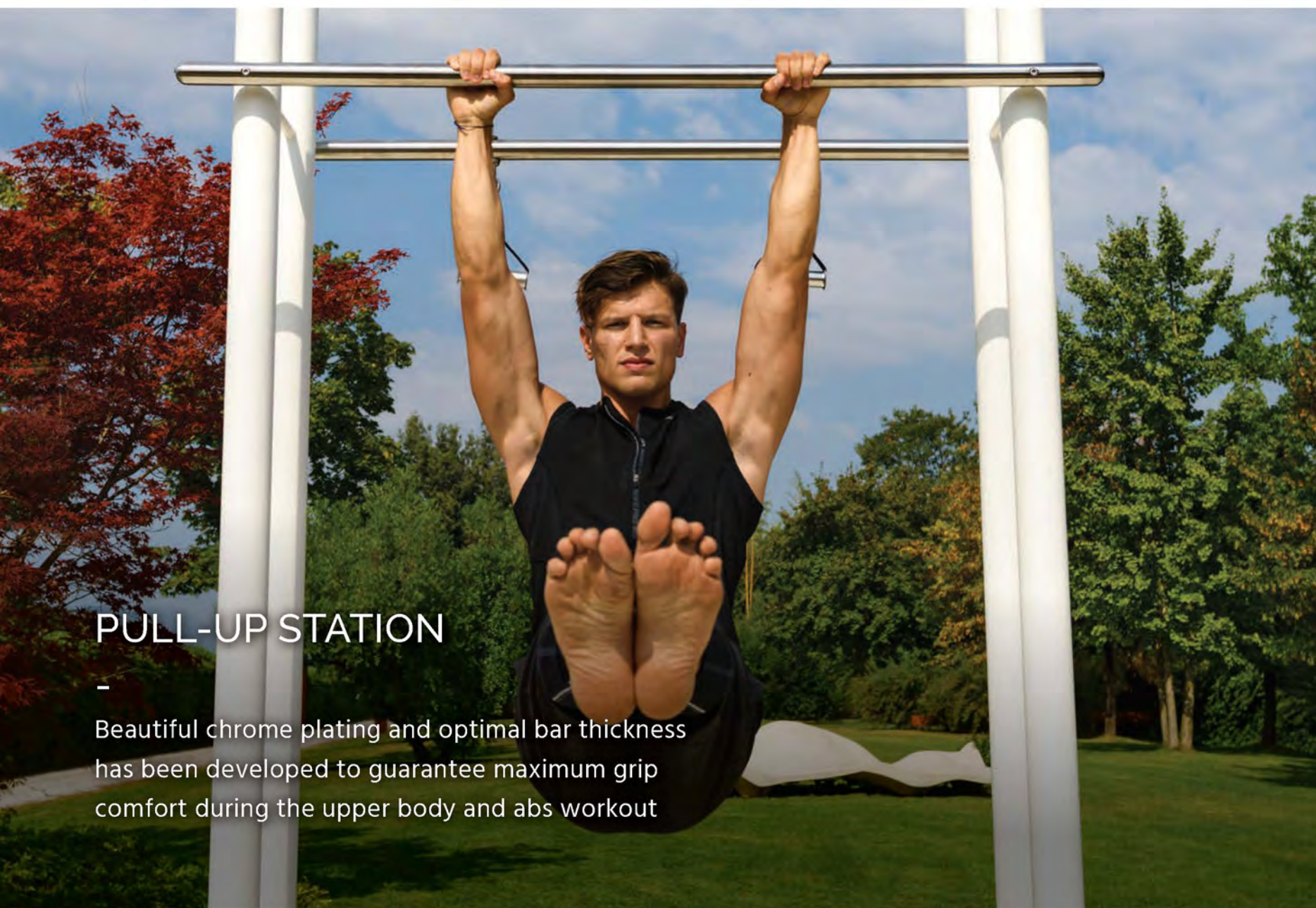
STABILITY BOARD

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Aimed to improve body's balance, stability and coordination in a fun, safe and efficient way, the board boasts elegant design and anti-slip aluminum covered surface.



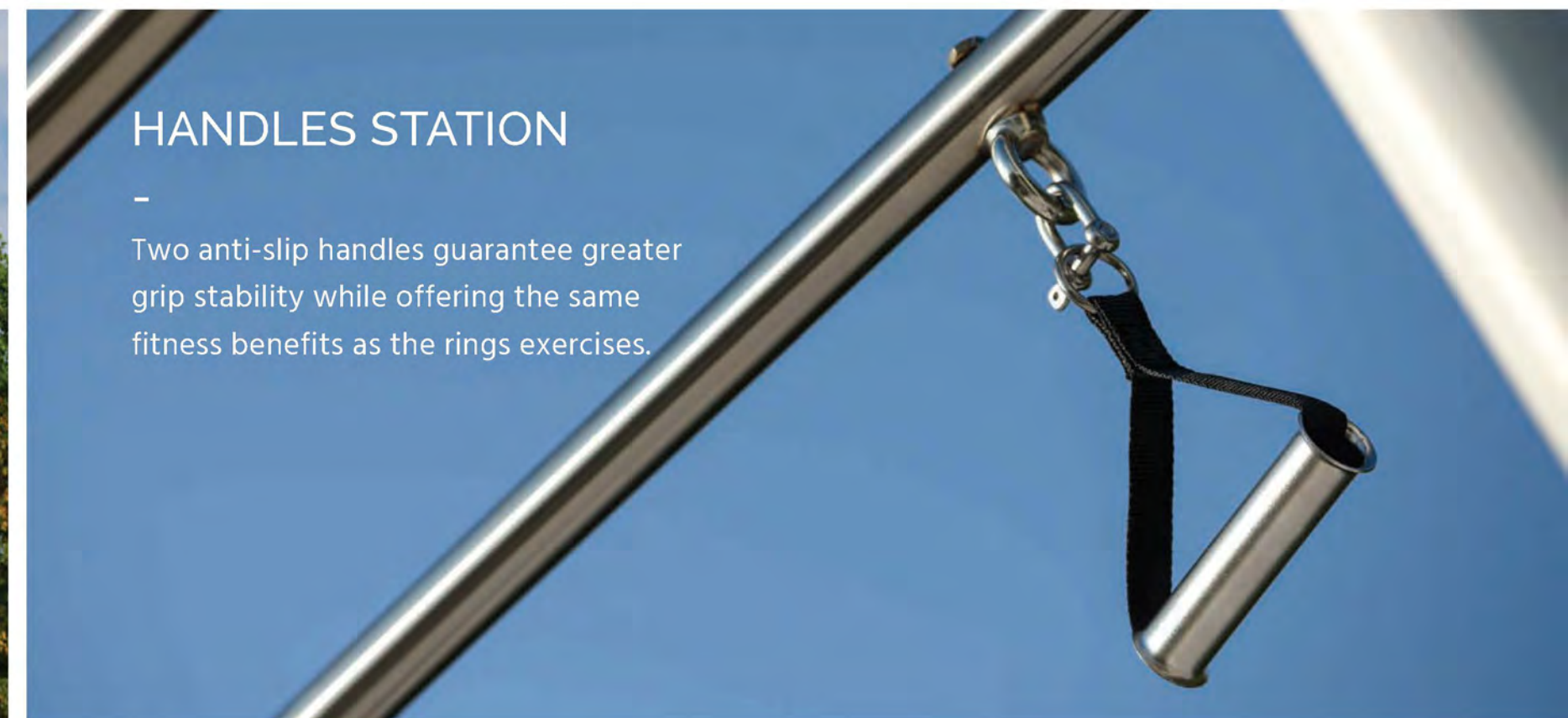
PISTOLS

-
Made of prime Inox Steel, the 2 different height Pistols allow you to develop flexibility, coordination, endurance while effectively challenging hard-to-reach stabilizers.



PULL-UP STATION

- Beautiful chrome plating and optimal bar thickness has been developed to guarantee maximum grip comfort during the upper body and abs workout



HANDLES STATION

- Two anti-slip handles guarantee greater grip stability while offering the same fitness benefits as the rings exercises.



SLIDING PUSH UP

- The dual wheels that support an easy-grip bar help to prevent slippage and choose the most comfortable hand position during an ab workout.



MULTI-FUNCTIONAL STATION

- Three solid hooks positioned at different levels in each pole create hundreds of different resistance bands and TRX exercise possibilities.



PARALLETTES

- Featuring a solid, stainless steel frame that sits 58 cm off the floor, parallettes offer a deeper range of motion that leads to superior strength, coordination, and endurance.



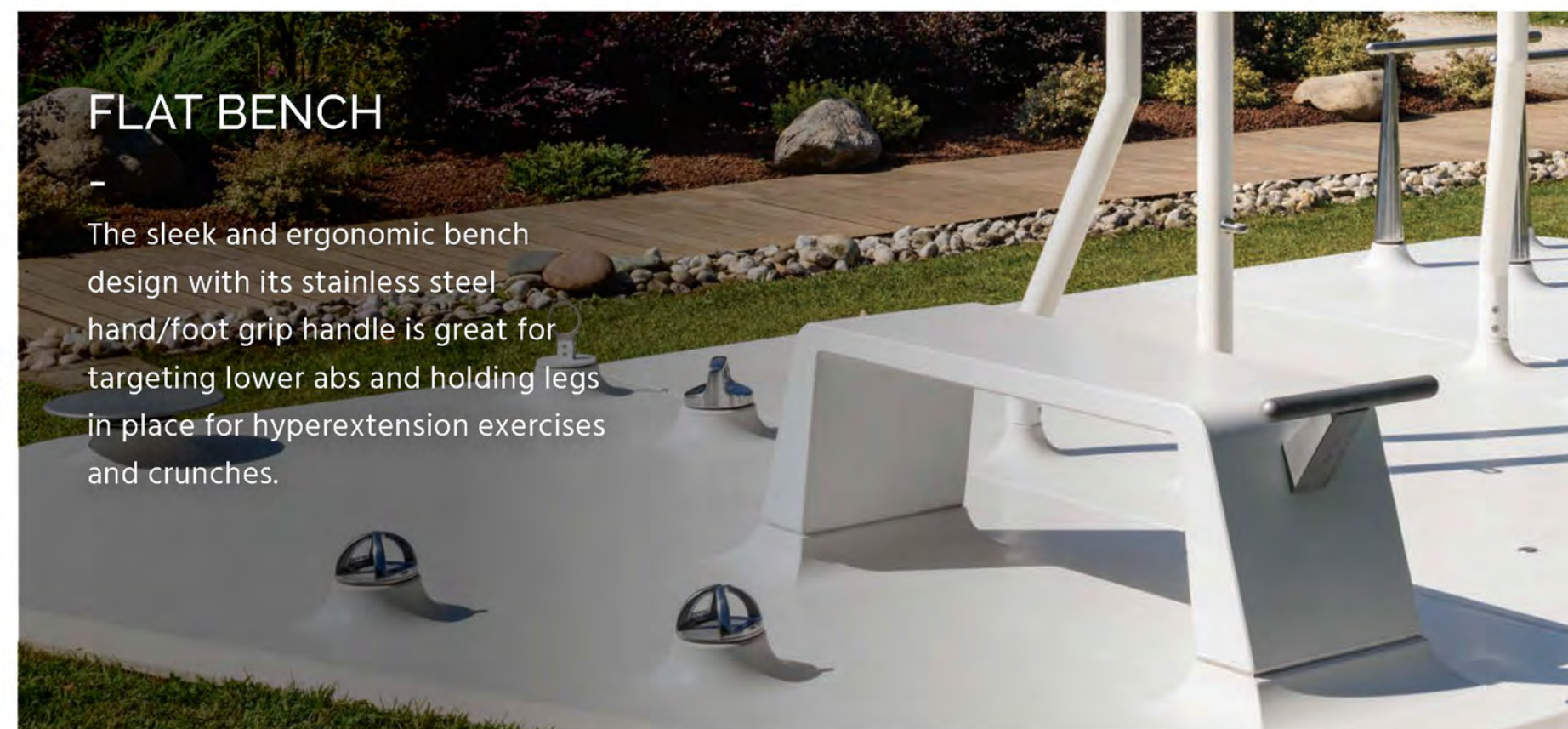
BOX JUMP

- The Box Jump, enhanced with anti-slip surfaces, offer a fun way to strengthen leg muscles while improving balance and agility



ROTARY PUSH-UP

- Smoothly rotating push-up handles help to reduce strain on wrists and target upper body muscles from virtually every angle.



FLAT BENCH

- The sleek and ergonomic bench design with its stainless steel hand/foot grip handle is great for targeting lower abs and holding legs in place for hyperextension exercises and crunches.



AB WHEEL

- The sliding motion of the push-up handles delivers a full resistance spectrum to tone and firm triceps, chest muscles and abs while targeting stabilizer muscles.